

Paramount Unified School District  
Educational Services  
2023-24 Instructional Minutes

**Grades 9-12**

**Regular Bell Schedule:**

Period	Time	Number of Minutes	+	Passing	(=)	Total Minutes Per Period
1	8:30 a.m. - 9:28 a.m.	58		3		61
2	9:31 a.m. - 10:29 a.m.	58		0		58
Break	10:29 a.m. - 10:39 a.m.	0		3		3
3	10:42 a.m. - 11:40 a.m.	58		3		61
4	11:43 a.m. - 12:41 p.m.	58		0		58
Lunch	12:41 p.m. - 1:11 p.m.	0		3		3
5	1:14 p.m. - 2:12 p.m.	58		0		58
Break	2:12 p.m. - 2:22p.m.	0		3		3
6	2:25 p.m. - 3:23 p.m.	58		0		58
Total		348		15		

Total number of instructional minutes per day = 363

**Minimum Day Bell Schedule:**

Period	Time	Number of Minutes	+	Passing	(=)	Total Minutes Per Period
1	8:30 a.m.-8:58 a.m.	28		3		31
2	9:01 a.m.-9:29 a.m.	28		0		28
Break	9:29 a.m.-9:39 a.m.	0		3		3
3	9:42 a.m.-10:10 a.m.	28		3		31
4	10:13 a.m.-10:41 a.m.	28		0		28
Lunch	10:41a.m.-11:11a.m.	0		3		3
5	11:14 a.m.-11:42 a.m.	28		3		31
6	11:45 a.m.-12:13 p.m.	28		0		28
Total		168		15		

Total number of instructional minutes per day = 183